

**OUTDOOR FITNESS CIRCUIT**

**Fyzik™**  
**JAMBETTE**

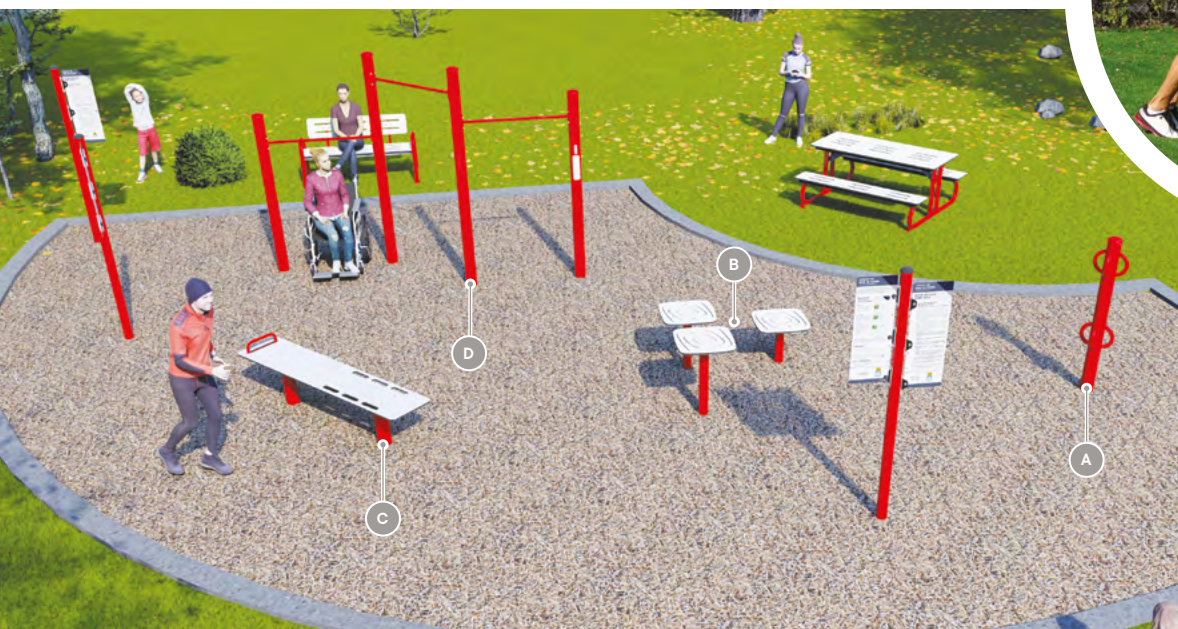
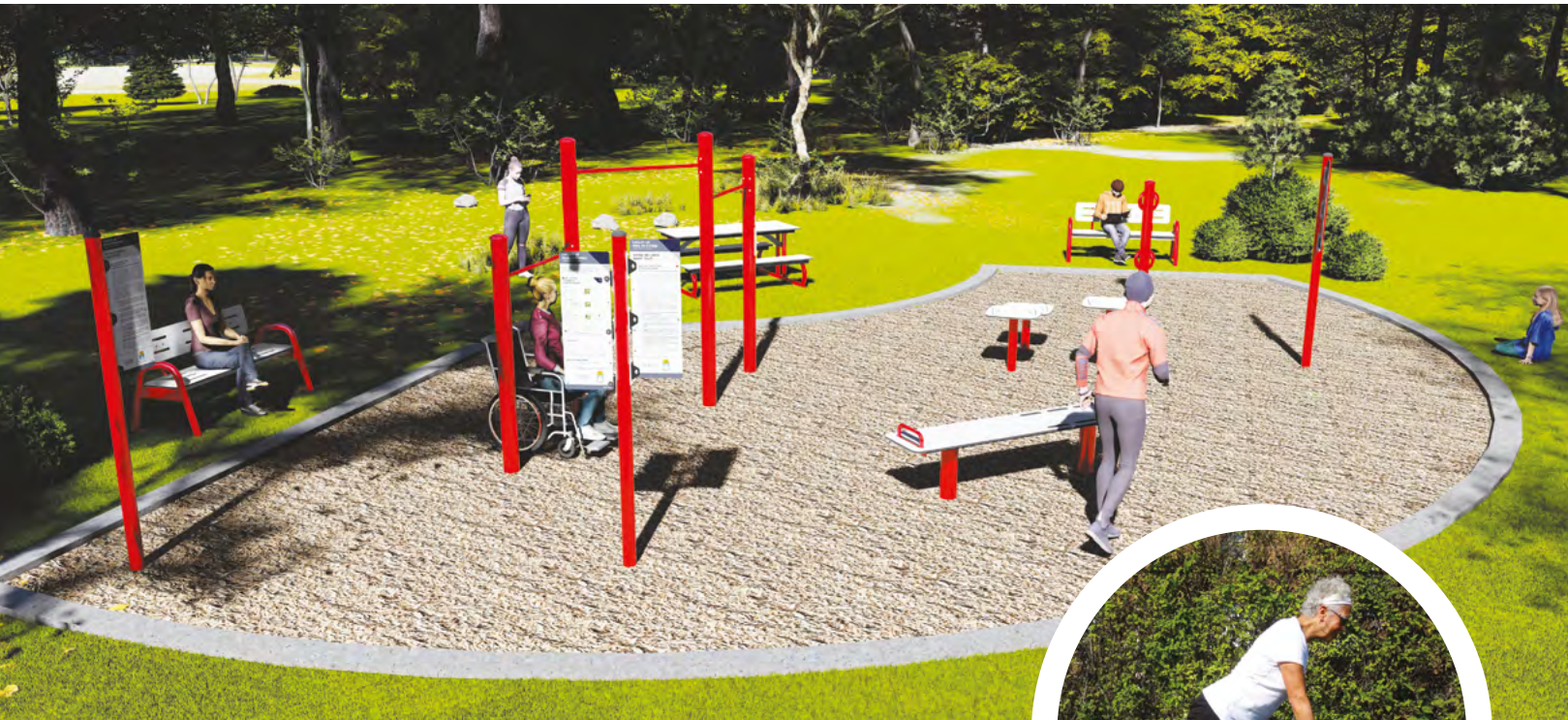
Outdoor fitness circuits that meet the needs of  
INDIVIDUALS AGED 13 AND OVER.



# LAYOUT 1

HELP YOUR ADULT CLIENTELE GET FIT WITH AN OUTDOOR FITNESS CIRCUIT.

- Custom circuit design available
- Equipment comes with quality signs explaining the exercises to be performed, including repetitions and duration



- A** Z-17020 Resistance bands post
- B** Z-17005 Jumping stools (3)
- C** Z-17018 Ab bench
- D** Z-17027 60", 86" and 74" Triple monkey bars

# LAYOUT 2

- Equipment made of Canadian aluminum, heavy-duty steel and stainless steel hardware
- Large selection of colours



- A** Z-17003 Overhead ladder
- B** Z-17009 Double push-up bars
- C** Z-17027 60", 86" and 74" Triple monkey bars
- D** Z-16014 Double sit-up
- E** Z-17020 Resistance bands posts
- F** Z-18003 Climbing rope (without knots)

**AGE GROUP**      **SUGGESTED SURFACE AREA**      **REQUIRED SURFACE AREA ASTM F3101 AND F3021 MANDATORY (USA)**

13-year-olds and over    50' x 25' / 15 m x 8 m      54' x 28' / 17 m x 9 m

Each set includes a free welcome sign with safety rules and a guide on the levels of training.

**AGE GROUP**      **SUGGESTED SURFACE AREA**      **REQUIRED SURFACE AREA ASTM F3101 AND F3021 MANDATORY (USA)**

13-year-olds and over    42' x 26' / 13 m x 8 m      42' x 29' / 13 m x 9 m

Each set includes a free welcome sign with safety rules and a guide on the levels of training.

# LAYOUT 3



# LAYOUT 4



- A** Z-17003 Overhead ladder
- B** Z-17004 Hurdles
- C** Z-17005 Jumping stools (3)
- D** Z-17000 Inclined jumping bars (3)
- E** Z-16016 Parallel bars
- F** Z-17002 Climbing rope (with knots)
- G** Z-17001 Hop-over bars
- H** Z-17006 Double ring ladder



- A** Z-17019 Ab bench with pull-up bar
- B** Z-17016 Jumping stools (2)
- C** Z-17003 Overhead ladder
- D** Z-17008 Triple balance beam
- E** Z-17011 Vertical net
- F** Z-18001 Angled ninja podiums
- G** Z-17000 Inclined jumping bars (3)
- H** Z-17004 Hurdles
- I** Z-17002 Climbing rope (with knots)
- J** Z-17021 60" and 86" Double monkey bars

**AGE GROUP**      **SUGGESTED SURFACE AREA**      **REQUIRED SURFACE AREA ASTM F3101 AND F3021 MANDATORY (USA)**

13-year-olds and over    59' x 58' / 18 m x 18 m      64' x 57' / 20 m x 17 m

*Each set includes a free welcome sign with safety rules and a guide on the levels of training.*

**AGE GROUP**      **SUGGESTED SURFACE AREA**      **REQUIRED SURFACE AREA ASTM F3101 AND F3021 MANDATORY (USA)**

13-year-olds and over    61' x 54' / 19 m x 16 m      59' x 59' / 18 m x 18 m

*Each set includes a free welcome sign with safety rules and a guide on the levels of training.*

# LAYOUT 5



- A Z-17026 Triple push-up bars
- B Z-17019 Ab bench with pull-up bar
- C Z-17005 Jumping stools (3)
- D Z-17011 Vertical net
- E Z-17004 Hurdles
- F Z-18003 Climbing rope (without knots)
- G Z-18001 Angled ninja podiums (2X)
- H Z-17008 Triple balance beam
- I Z-17020 Resistance bands post
- J Z-17027 60", 86" and 74" Triple monkey bars
- K Z-17006 Double ring ladder
- L Z-17017 Inclined jumping bars (2)
- M Z-17003 Overhead ladder
- N Z-17016 Jumping stools (2)

# LAYOUT 6



- A Z-17002 Climbing rope (with knots)
- B Z-17003 Overhead ladder
- C Z-17018 Ab bench
- D Z-17007 Balance beam - single
- E Z-18001 Angled ninja podiums
- F Z-17009 Double push-up bars
- G Z-21006 Accessible overhead ladder
- H Z-21005 Accessible parallel bars
- I Z-21007 Accessible double ring ladder
- J Z-21001-B Accessible triple monkey bars
- K Z-17017 Inclined jumping bars
- L Z-17006 Double ring ladder
- M Z-17016 Jumping stools (2)
- N Z-17028 Inclined ab bench
- O Z-17011 Vertical net
- P Z-17001 Hop-over bars

Some products are wheelchair accessible.

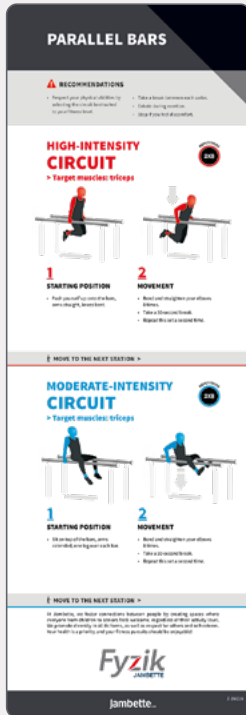
**AGE GROUP** 13-year-olds and over    **SUGGESTED SURFACE AREA** 86' x 51' / 26 m x 16 m    **REQUIRED SURFACE AREA ASTM F3101 AND F3021 MANDATORY (USA)** 80' x 51' / 24 m x 16 m

Each set includes a free welcome sign with safety rules and a guide on the levels of training.

**AGE GROUP** 13-year-olds and over    **SUGGESTED SURFACE AREA** 104' / 32 m    **REQUIRED SURFACE AREA ASTM F3101 AND F3021 MANDATORY (USA)** 104' / 32 m

Each set includes a free welcome sign with safety rules and a guide on the levels of training.

## INFORMATION SIGN



All Fyzik™ equipment can be fitted with signs explaining how to perform the exercises. They also feature various recommendations to optimize your training experience.

*\* Each set includes a free welcome sign with safety rules and a guide on the levels of training.*

## A WIDE RANGE OF COLOURS AVAILABLE

[www.jambette.com/en/products-page/colours-and-galvanizing](http://www.jambette.com/en/products-page/colours-and-galvanizing)

## THE BEST WARRANTY ON THE MARKET

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